

How do i make a referral?

Family Therapy/ Single Session Family Therapy

Family therapy and single session family therapy is currently a service for those already engaged within the CAFS program at UMFC. Further information is available in the information pack for families. Families can discuss the option of making a referral to these programs with the practitioner they are working with.

Queerspace Program

Referrals are made via Drummond St.

Community members can make a referral by contacting 1800 LGBTIQ (1800 542847), 03 9663 6733 or emailing enquiries@ds.org.au.

Professionals however will need to complete a referral form accessible through UMFC.

Queerspace is also available for services to seek advice or consultation as needed. To access the referral form or to seek a consult please email LGBTIQ@umfc.com.au.

Strengthening families and individuals to build vibrant communities.

participation | respect |
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UMFC acknowledges the support of the Victorian and the Australian Governments.



UMFC welcomes diversity and take an inclusive approach to the families we work with and the culture we foster.

Family Therapy Team





What does the family therapy team provide?

The family therapy team is a therapeutic program aimed at supporting people and their families to have positive wellbeing, healthy relationships and to feel connected to their wider community and supports. The family therapy team includes family therapy, single session family therapy and the Queerspace program.

Single Session Family Therapy

Single Session Family Therapy recognises that it is more common for families to engage in brief support. It approaches each session as if it will be the only session therefore aiming to make the most of the time shared. At the same time creating opportunities for ongoing work if requested.

We value all families and their unique qualities and stories. We aim to support them through their journey towards growth and connection.

Family Therapy

Family Therapy provides a safe environment to build stronger and more positive connections and relationships with family members and others that share a close relationship. The Family therapy program provides families a space to explore their goals and work towards creating the changes they are seeking.



Queerspace Program

Queerspace is a Victorian statewide program that has been rolled out in services through partnership with Drummond Street. Queerspace provided face to face and online counselling for those seeking safe and inclusive support.

It is a specialist family counselling services for lesbian, gay, bisexual, trans and gender diverse, intersex, and queer people of all ages, their families, and communities (LGBTIQ+).

