



Supporting children,
young people and families
in their time of need

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**Family
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**Family
Relationship Services**
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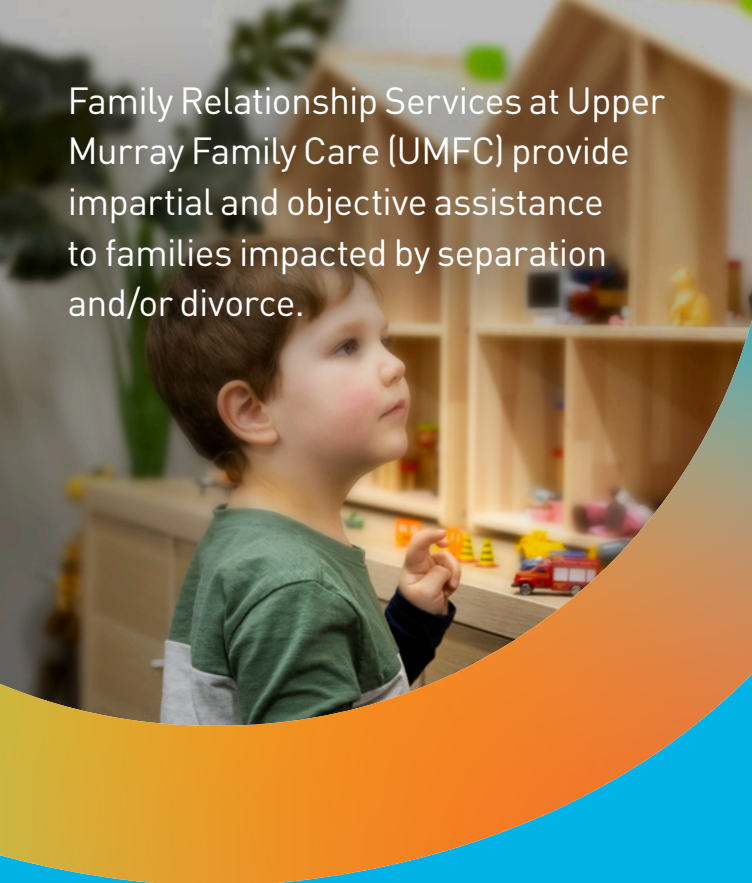


UMFC acknowledges the support of the Victorian, NSW, and Australian governments. We acknowledge the traditional custodians and Elders past and present, who have raised children and taught them about the world around them. We celebrate diversity and are committed to inclusion for all as a service and a workplace. We are a Child Safe Organisation.

Family Relationship Services



Guiding separated families
to healthier relationships



Family Relationship Services at Upper Murray Family Care (UMFC) provide impartial and objective assistance to families impacted by separation and/or divorce.

Using a child-focused and non-judgemental lens, we encourage parents to reduce conflict and resolve differences as they move through separation phases and beyond.

In suitable cases, this may involve parental consultations that include children, allowing their views to be heard. We also provide access to therapeutic group sessions for children experiencing family separation.

Our ultimate aim is to develop parenting arrangements in the best interests of children, and to foster healthy ongoing relationships between children, parents, and other family members.

Access to our programs can be voluntary or may be court-ordered.



Encouraging resolution through child-centred approaches

UMFC's **Family Relationship Centre** helps families affected by separation to agree on parenting arrangements that focus on what's best for their children. Families are supported in discussing issues and reaching agreement through dispute resolution, rather than having to attend court. Property dispute resolution is also offered as an alternative to the court process in achieving property settlements.

Regional Family Dispute Resolution services offer families counselling sessions for specific issues related to separation and conflict.

To assist separated families experiencing high levels of conflict, the **Parenting Orders Program** consists of three main elements: parent group work, children's group work, and family counselling. The program focuses on skills to improve communication and manage conflict. It requires parents to commit to addressing their differences in the best interests of their children.

The **Children's Contact Service** enables children of separated families to re-establish or maintain contact with both parents or other family members where appropriate. It provides a safe, neutral and child-friendly environment for approved contact visits and children's changeovers.

For more information on any of our family relationship services, please call us on 02 6057 5399 or visit umfc.com.au



Helping families and individuals build improved financial stability

For families in financial crisis or dealing with ongoing budgetary issues, our **Financial Counselling & Financial Capability Program** is a free and confidential service that provides information, advocacy, and negotiation on behalf of UMFC clients. The program aims to help families and individuals build financial confidence, manage their money better, make informed purchasing and investment decisions, and achieve their longer-term financial goals.

Referrals via 02 6057 5399 or financialcounsellors@umfc.com.au