

Upper Murray Family Care operates the Interchange program to provide a range of respite, social and recreational opportunities to children and young people with disability, their carers and families.

Our Interchange staff work directly with individuals, their families and carers to build strong community connections and support options.



Interchange



Supporting children, young people and families in their time of need

www.umfc.com.au
nreception@umfc.com.au

Carers, Aged and Disability Services
76 Nordsvan Drive
Wodonga, VIC, 3690
Telephone 02 6057 8400



UMFC acknowledges the support of the Victorian, NSW, and Australian governments. We acknowledge the traditional custodians and Elders past and present, who have raised children and taught them about the world around them. We celebrate diversity and are committed to inclusion for all as a service and a workplace. We are a Child Safe Organisation.



Brightening lives for children and young people with disability

Nurturing children and young adults to connect and play



Located next to Willow Park in Wodonga, the UMFC Interchange program provides an accessible and picturesque location for children to learn and play in a fun and supported environment. It is ideal for children wanting a safe place to explore.

Interchange hosts out-of-school-hours programs aligned with Victorian school terms and holidays. These programs are open to primary and secondary school-aged children, with student transport to and from school available on request. Our group activities are led by qualified staff, backed by dedicated volunteers to provide high levels of support.

“It takes a village to raise a child”

African Proverb



Identifying the child's needs and tailoring support

Children and young people with disability are our focus and we provide a variety of services to meet their wide-ranging needs. We regularly run tailored and specialised programs at Interchange and throughout the community.

We can also design a package of individual supports specifically for participants and their family. Options include personalised purchased support with skilled and experienced staff, as well as social and relationship-building opportunities through our Host and Big Buddy volunteer-based programs.

The Host program provides the opportunity for children up to the age of 18 to have regular visits with a volunteer host family. These may be during the day or involve overnight stays. Through the Big Buddy program, volunteers support young people to enjoy a range of activities and experiences across their community.



Supporting families

UMFC knows that families and carers are important, so we're always looking for opportunities to inform and support. Our range of initiatives includes the Support for Carers program, which provides short-term assistance for carers at times when a little extra help is needed. Family retreats and carer day-outings are some of the other ways we bring people together to support each other.

To learn more about what the Interchange program can provide and start planning your own individual support, please call us on 02 6057 8400, visit umfc.com.au or email nreception@umfc.com.au