For Older People Support

Upper Murray Family Care

www.umfc.com.au supportoptions@umfc.com.au Supporting children, young people and families in their time of need

Carers, Aged and Disability Services 76 Nordsvan Drive Wodonga, VIC, 3690 Telephone 02 6057 8400







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UMFC acknowledges the support of the Victorian, NSW, and Australian governments. We acknowledge the traditional custodians and Elders past and present, who have raised children and taught them about the world around them. We celebrate diversity and are committed to inclusion for all as a service and a workplace. We are a Child Safe Organisation.

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umfc

Providing short term support for older people

Support For Older People



Short Term Support

Support Options provides assistance to people who are:

- eligible for government funded aged care services
- live within the Local Government Areas of Alpine, Benalla, Indigo, Mansfield, Towong, Wangaratta and Wodonga
- require one off or short term support.

Priority is given to those who require assistance with:

- personal care
- domestic assistance.



How to make a referral

To access support contact My Aged Care Telephone 1800 200 422 or visit www.myagedcare.gov.au

Once My Aged Care has been contacted, a referral will be sent to an Assessment Service who will contact you prior to sending a referral to Support Options to organise services.

Where personal care is required immediately, My Aged Care can send a referral directly to Support Options for prompt implementation.

For private patients discharging from hospital, the hospital can undertake the referral to My Aged Care.

There are times when individual circumstances change and there is a need for some time limited, or situational support to assist you to maintain living at home.

This may be the result of health decline, injury or other circumstances that reduce your functional capacity.