



"Supporting Local Families for over 30 Years"  
1979 - 2013

## 2014 Calendar

Incorporating 2012-2013 Annual Report

ABN: 99 081 624 768 Reg No: A5357

# UMFC Board President's Report 2013

The financial year 2012/2013 was a year in which the Organisation underwent numerous audits all passed with very favourable responses and acknowledgements from the auditors in relation to services provided, staff engagement and professionalism and client satisfaction.

In addition the governance model and financial stewardship were acknowledged as being of a high standard.

The balancing act of containing the cost of compliance reporting and maintaining vigilance in the pursuit of improving and developing services has been foremost in everyone's thinking.

To the staff's credit led by the Senior Management Group and Steve Thompson, our Quality Systems Manager, the organisation has maintained our focus on providing services.

We have been fortunate to have Mr Dean Bouquet join our Board. Dean has had an ongoing interest in the work of UMFC and his appointment brings to the Board a new set of skills and experiences which will be of great benefit as we undertake our quest for a major capital works to bring together many of our functions to the Stanley Street location.

The strategic planning process continued in 2012/2013 and was launched at our AGM in 2012. The ongoing work is in aligning our strategic plan with our operational activities, hopefully providing direction and a sense of purpose for the organisation in an environment of some uncertainty in relation to the effect of the new National Disability Scheme and changing Government policies at a State and Commonwealth level.

The challenges ahead for the organisation include:

- Staying in touch with and relevant to the community we serve



Greg Pearl, President.

- Ongoing development of the facilities to allow programs and functions to operate in an efficient manner
- Exploring different opportunities in relation to funding sources to ensure financial viability as demands and costs increase.

To our Local State Member Bill Tilley I extend our appreciation for his support and interest and we look forward to working together in the coming year in promoting UMFC at a State political level.

We also acknowledge the support and interest of our Federal members, Sussan Ley and Sophie Mirabella who have made themselves available whenever approached.

In closing, it is appropriate that on behalf of the Board I extend our thanks to Luke and the Senior Management Team for the manner in which they lead the organisation and interact with the Board. This ensures that there is a high degree of confidence in that relationship which is important to ensure a productive and interactive culture across the organisation. To Karen Randall our appreciation for ensuring the minutes, reports are organised and our meetings run smoothly.

To all staff across all programs, the communities of Northeast Victoria and Southern NSW are fortunate to have such a large number of dedicated staff working in many challenging disciplines creating that sense of community and providing many practical services to a wide cross section of the population.

To my fellow Board members and all our other volunteers, I thank you for your support which is greatly appreciated by all who receive the benefit of your efforts.

Greg Pearl

President

# CEO's Report 2013

The 2012/13 year has seen some significant achievements and changes. One of the most important achievements was the agency's registration under the Department of Human Services standards. This is a new auditing requirement that all DHS funded agencies will have to go through. It provides assurance to the community that we conduct our services at the appropriate level of quality. We received very positive feedback and thanks go to all staff and volunteers involved. I would also like to thank those clients and colleagues from other agencies who were interviewed as part of the process.

One of the most significant changes for us was the move of our Family Day Care service to Wodonga TAFE. This came about as a result of changes in the child care sector which made our service unsustainable. I would like to thank Wodonga TAFE for their assistance in this transition which allowed for minimal disruption for families, children and for those family day care educators who shifted across. While it was sad to see a program that had been with the agency for over 27 years, it was a good outcome for the program and for families involved.

As mentioned in the Presidents report, the decision was made to develop our Stanley St properties in Wodonga to accommodate our services currently operating across 5 sites. This has been years in the making and will be the largest development undertaken so far in the agency's history. It is worth highlighting that agencies such as ours



Luke Rumbold, CEO.

have no access to government funding for capital works. This is clearly unfair in light of the essential social services we provide. Fortunately due to long term community support and good governance, we are in a position to continue investing in valuable community infrastructure.

Again, I am constantly impressed by the level of goodwill the agency enjoys from the communities we serve. It was an observation also made by our DHS auditors. Their

comment was that we could promote our performance as very good, given our priority over the years has been on providing quality services rather than on promoting the agency.

We are anticipating our major capital works to be such an opportunity as it will literally raise our profile and draw attention to our work and achievements. We also plan to invite client and community comments into our design for the new building.

In closing, it is appropriate to thank all the staff and volunteers who have made the agency's reputation what it is. I hope everyone who has contributed feels proud of what has been accomplished so far and excited by what lies ahead.

Luke Rumbold

CEO



## Upper Murray Family Care Board Members

President

Vice President

Treasurer

Member

Member

Member

Greg Pearl Dip Ed, B Health Admin

Clare Grogan B Ed, MSW

Phil Oates Dip Bus. (Acc)

Lester Sawyer B.Arch. ARAIA

Liz Heta BSW (Sept-Oct 2013)

Robyn Gillis BSc, AssDip OHS, Mas HSM, GAICD

Member

Member

Member

Member

CEO &

Public Officer

Judy Cue BSW (Jul 2012-Aug 2013)

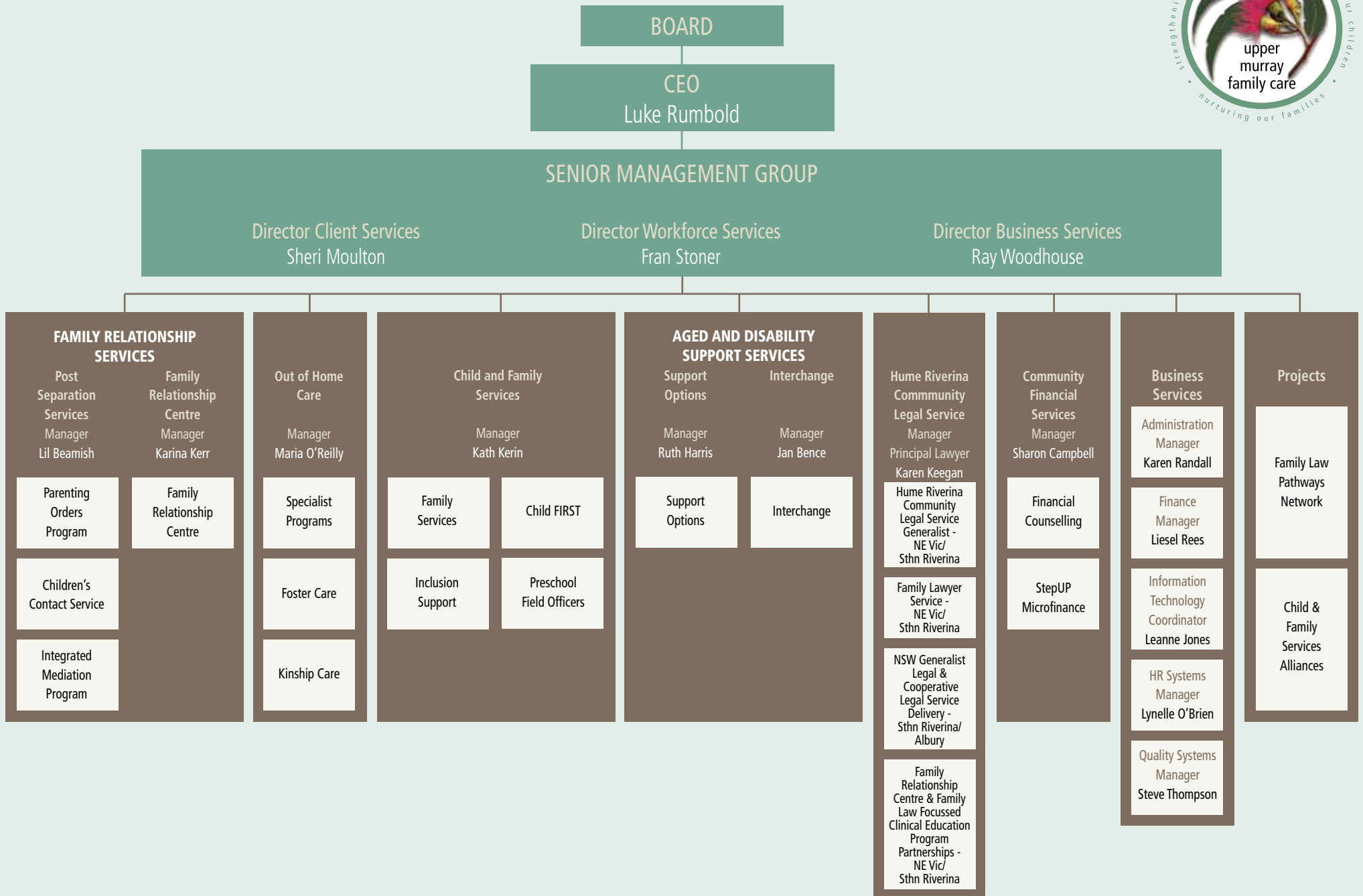
Sunita Rama LL.B, BEC

Felicity FOX BBus

Dean Bocquet CPA

Luke Rumbold BA, BSW, MSW, PhD, FAIM

# Upper Murray Family Care Organisation Chart



# Out of Home Care



Hi, my name is Maria O'Reilly I am the Manager of Out Of Home Care (Foster and Kinship Care) at Upper Murray Family Care. I have been in this role since 2010. During this time I have seen many changes in the way we deliver our service to the community.

My team are a group of professional, caring individuals who are dedicated to improving the lives of the children in North East Victoria.

Everyday we are faced with the constant challenge of finding homes for around 80

children. Many of these children will only be in Out of Home Care for a short time, just until their family can get back on their feet.

Other children spend their whole childhood in Out of Home Care. It is our dream that these children find their new home quickly, become settled and help them recover from the trauma they have endured in their short life.

We can only do this with community help, through cash donations, becoming a volunteer driver or mentor and caring for

Foster/Kinship Children.

Our biggest challenge is finding enough dedicated and enthusiastic community minded people to become Foster Carers. If you think you have what it takes please do not hesitate to call our office for further information.

I hope you enjoy this years calendar as we try to explain what we do to help these children grow to be successful, caring and vibrant members of our community.



**“Foster Carers come from all walks of life” What’s stopping you?**

**December 2013**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# January

**February**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			New Year's Day <b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Australia Day <b>26</b>	Australia Day Public Holiday <b>27</b>	NSW Start of School Term 1 <b>28</b>	VIC Start of School Term 1 <b>29</b>	<b>30</b>	<b>31</b>	



# Chris Hollonds

Betty McLean Award Winner 2013

## How long have you been a carer?

16 months.

## Why do you enjoy being a Foster Carer?

I just enjoy kids, always have. Foster Care offers me a different challenge with each child I care for. I can give to children that are in need, to make a difference to their lives.

## How many children have you cared for?

21.

## Have you got a special memory about fostering a particular child?

The first child I had in my care had never seen snow so we took a drive and the look on his face was priceless. He loved it, but after 5 minutes of playing it was too cold for him. It's amazing how a little thing like this can be such a big thing for the children.

## How does UMFC support you and the Foster Child?

There is not one week that goes by that I don't speak to at least 2 people from UMFC. It is so easy to talk to them about anything and everything, they are only a phone call away. It's just a big caring family that I am blessed to be a part of.

## What advice would you give to someone thinking about being a Foster Carer?

Do it, if you love to have kids in your life and have the room why not? You can do as little or as much as you can. Even if it's only a weekend a month, it makes all the difference to the kids that need it. Go along to an information session and ask as many questions as you wish, I am sure you will come away wanting to do Foster Care and the food at the sessions is always good.

## Any words of advice to any single men out there who are thinking about becoming Foster Carers?

Why not, I really enjoy the one on one care that I have given to kids. I believe that some kids need this type of care from time to time and male carers have lots to offer so give it a go.



**“Foster Carers come from all walks of life” What’s stopping you?**

# February

**January**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**March**

S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Sunday

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Saturday

							1
2	3	4	5	6	7	8	
9	10	11	12	13	Valentine's Day 14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	Last Day of Summer School Clean Up Day 28		

# Mary-Lou Terry OAM (For service to young people in Foster Care 2011)



## **How long have you been a carer?**

Started in 2003.....10 years.

## **Why do you enjoy being a Foster Carer?**

It's not so much about enjoyment.....it's about being part of a community that supports and provides a safe and clean environment for children.

Children do not ask to be born and they deserve our love and care because they will be the ones taking/leading us into the future.

We can all learn a lot from the next generation and even the most complex child has something to give/offer.....you just need to take the time to listen.

## **How many children have you cared for?**

This is a difficult one for me to answer as I mainly do short term, respite and emergency care. My children and partner and I estimated that I have cared for approximately 150 children?

## **How does UMFC support you and the Foster Child?**

There is an after-hours phone number and I have an allocated worker to support and assist me with any issues the Foster Child or myself have.

## **What advice would you give to someone thinking about being a Foster Carer?**

It can be challenging at times, but the rewards are greater. There is plenty of support and assistance if you need it.

It is a nice feeling to know that you are making a difference to a child and the greater community.

**“Foster Carers come from all walks of life” What’s stopping you?**



February						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

# March

April						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31					National Epilepsy Awareness Month (1st-31st) 1
Clean Up Australia Day 2	3	Pancake Day 4	ASH Wednesday 5	6	7	International Women's Day 8
9	VIC Labour Day 10	11	12	World's Greatest Shave (13th-16th) 13	14	15
Cultural Diversity Week (16th-23rd) Seniors Week (NSW) (16th-23rd) 16	Arthritis Awareness Week (17th-23rd) St Patrick's Day 17	18	19	20	Albury Gold Cup Autumn Equinox Harmony Day World Down Syndrome Day National Day of Action against Bullying and Violence 21	Albury Gold Cup World Water Day 22
23	24	Business Clean Up Day 25	26	27	28	Earth Hour 29

# Tegan

## **How long have you been in Foster Care?**

I've been in care for around 4 years and 6 months.

## **Have you had a lot of different carers?**

I've had two.

## **How long have you been with your current carer?**

Just over four years.

## **What is your relationship like with your carer?**

My carers are the most amazing people. Although we've all got busy lifestyles, they still understand me really well. I'm doing year 12 at the moment, and they've been so supportive. It's great because they understand that sometimes I just need time by myself

but other times I need motivation or some family time. We've had our ups and downs just like any other family, but we've always been pretty close.

## **What dreams do you have for the future?**

Next year I'm hoping to move to Geelong to go to university there. I'm currently planning on studying an Arts course, I'd like to study History, Literature and International Relations. I'm unsure of what career path I'd like to take at the moment, but I'm hoping some time at university will help me decide. I would also love to travel the world, particularly Europe.

## **What advice would you give to someone thinking about becoming a carer?**

I think anyone considering becoming a carer should understand that it's a very full on job, but also a very admirable one. It's important to be able to offer lots of patience and, above all, to care about people.



**“Foster Carers come from all walks of life” What’s stopping you?**

March						
S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

# April

May						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April Fool's Day <b>1</b>	World Autism Awareness Day <b>2</b>	<b>3</b>	National Youth Week (4th-13th) VIC End of School Term 1 <b>4</b>	<b>5</b>
Daylight Savings End Children's Week (6th-11th) <b>6</b>	World Health Day <b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	NSW End of School Term 1 <b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	Good Friday <b>18</b>	Easter Saturday <b>19</b>
Easter Sunday <b>20</b>	Easter Monday <b>21</b>	Earth Day <b>22</b>	VIC Start of School Term 2 <b>23</b>	<b>24</b>	ANZAC Day <b>25</b>	<b>26</b>
<b>27</b>	NSW Start of School Term 2 <b>28</b>	<b>29</b>	<b>30</b>			

# Rachael & Chris Ramsay



## How long have you been carers?

Chris and I have been carers for nearly 3 years.

## Why do you enjoy being Foster Carers?

We love the chance to work closely with kids in their time of need, sometimes they don't think they should be in care and that is hard, but every child needs love and support and we hope we do that.

## How did you get involved with fostering children?

Chris and I saw a recruitment add on the television and called for information. We both had identified an interest in Foster Care through experiences in our lives and decided to take the jump into it.

## Have you got a special memory about fostering a particular child?

We can remember each child and often recall times spent with them. We have 4 children of our own and we often talk about the children we have had living here. We do have memories we hold close to our hearts, especially when really damaged children show growth and the willingness to trust again.

## Have you attended any training that UMFC has provided?

The training is often a chance to catch up with workers and carers and we love going to as many training opportunities as we can. The knowledge that people have is wide and varied, you have to be willing to soak it all up.

## How does UMFC support you and the Foster Child?

UMFC support us through phone calls, all the time!!! Home visits are great and relaxed and give everyone the chance to talk informally about a placement. Care team meetings are also invaluable as ideas and problem solving are often what we, as carers look for.

## What advice would you give to someone thinking about being a Foster Carer?

If you think it is something you should wait to do 'until the kids leave home or are older' think again. Chris and I hope that we can provide a supportive, loving, nurturing environment for children in Out Of Home Care with the help of our 4 children. Our own children have been the ice breaker, the confidante and often the normality of someone to play with that children in care are looking for.



**“Foster Carers come from all walks of life” What’s stopping you?**

April						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May

June						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Sunday

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Tuesday

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Thursday

Friday

Saturday

					1	2	3
4	5	6	7	8	9	10	
Mother's Day 11	National Volunteer Week (12th-18th) 12	13	14	National Families Week (15th-21st) International Day of Families 15	National Law Week (16th-22nd) 16	17	
18	19	20	21	Australia's Biggest Morning Tea 22	23	24	
25	National Sorry Day 26	National Reconciliation Week (27th-3rd June) 27	28	29	30	World No Tobacco Day Last Day of Autumn 31	

## *Louise and Natalie Wicks*



### **How long have you been Foster Carers?**

5 years.

### **Why do you enjoy being Foster Carers?**

The best thing about being a carer is knowing you can make a difference in a young person's life. At the moment we are providing a loving, stable and fun home for a young girl and that is very rewarding.

### **How did you get involved with fostering children?**

We began our caring role providing respite for children on weekends. We did this for three years and long term Foster Care was never something we had thought of. We then met a young girl who needed support and we decided to take on the long term role of Foster Carers, as we had built a strong bond with the child.

### **How does UMFC support you and the Foster Child?**

The support we receive from UMFC is wonderful. Our case worker ensures we as carers are supported and do not burn out. She also helps with any issues which may arise and is always a great advocate for the child we care for. We never feel like we are alone or unsupported with the phone calls and visits from our case worker.

### **What advice would you give to someone thinking about being a Foster Carer?**

The advice we would give is to make contact with UMFC. Have a chat with the amazing team and book into the training program offered. This training provides the knowledge you need to understand what is involved in being a Foster Carer and what issues young people are facing in our community. Being a Foster Carer not only benefits the young person and their family - it also teaches you about selflessness, giving and sharing.

**“Foster Carers come from all walks of life” What’s stopping you?**



# June

May						
S	M	T	W	T	F	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

July						
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
First Day of Winter <b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	World Environment Day <b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	NSW & VIC Queen's Birthday International Men's Health Week (9th-15th) <b>9</b>	National Carers Week (10th-16th) <b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	World Refugee Day <b>20</b>	Winter Solstice <b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	Red Nose Day NSW & Vic End School Term 2 <b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>					

# The Pollard Family

## How long have you been a carer?

9 years.

## Have you got a special memory about fostering a particular child?

Our very first experience was with two lovely boys aged 5 and 4 years who came to our home for respite from their Foster Carers and the elder one said as he walked through the door "Hello! We are your new Foster Kids!" It was pleasing that they were happy to be with us but also sad in that they were comfortable going to another persons home.

## What advice would you give to someone thinking about being a Foster Carer?

Don't be scared to give it a go. The rewards are immense. The children we've had have enjoyed the stay with us and appreciate the effort and time that you give to them. Think about your family and what the children can do for you as much as what you can do for them.



*Thoughts of a carer's child.*

## How old were you when your parents started Foster Care?

9 Years old.

## Why do you enjoy being a Foster sibling?

I can help other kids and make it easier for them.

## Have you got a special memory about a particular sibling?

Going over to Albury for shopping and hot chocolates at the cafe.

## Do you still have a relationship with any Foster siblings?

Yes – regular facebook contact with four Foster Children.

## What advice would you give to someone whose parents are thinking about becoming a Foster Carers?

Great idea – good opportunity for your family to see how others live and to be able to provide them with love and support. Treat the kids as part of the family and don't feel threatened.

**“Foster Carers come from all walks of life” What's stopping you?**

June						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# July

August						
S	M	T	W	T	F	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sunday

Monday

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Saturday

		1	2	3	4	5
6	7	8	9	10	11	12
13	NSW Start of School Term 3	14	VIC Start of School Term 3	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

# *Kinship Care*

Kinship Carers are amongst the unsung heroes of our community. They may be Grandparents, older siblings, Uncles, Aunts or even close family friends. The UMFC Kinship Team value, respect and thank these carers for the integral part that they play in caring for children who cannot be with their parents for a period of time.

Kinship Carers excel in their capacity to uphold the child's connections to their immediate and extended family members, in developing a holistic view of the child's self-identity and maintaining family celebrations and culture.

The UMFC Kinship Team offer support to all families in Kinship arrangements as well as monthly support groups which are open to everyone, so feel free to come down for a cuppa. For further details please contact us on 02 6055 8000 or email [admin@umfc.com.au](mailto:admin@umfc.com.au)



**“Foster Carers come from all walks of life” What’s stopping you?**

July						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# August

September						
S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Sunday

Monday

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Saturday

Last Day of Winter	31					Jeans for Genes Day	1	2	
International Friendship Day	3	National Aboriginal & Islander Children's Day	4	5	6	7	8	9	
	10	International Youth Day	11	12	13	14	15	16	
	17		18	19	20	21	Daffodil Day	22	23
	24	Women's Equality Day	25	26	National Meals On Wheels Day	27	28	29	30

# Libby & Noel Pearson



## **How long have you been carers?**

20 years.

## **How did you get involved with fostering children?**

I had been involved in looking after my nieces and nephews when growing up and this seemed like the next logical step. We fostered as a family, involving our own children.

## **How many children have you cared for?**

90 plus. Some for only one night others for much longer. Six years and still going strong for our current placement.

## **Have you attended any training that UMFC has provided?**

Yes, we try to attend some training each year. Training on attachment disorder, sexual abuse, challenging behaviour, Therapeutic training, Makaton skills and training associated with Foster Care camps. We have both been lucky enough to attend National Foster Care

conferences. Some of the courses we have attended more than once as you can always learn something new each time.

## **How does UMFC support you and the Foster Child?**

Teamwork. We have monthly Care Team meetings with the caseworker, teacher and DHS disability worker. These meetings are chaired by our caseworker and it allows all services to be on the same page. Our caseworker supports us with home visits and phone calls to either update us or herself with any issues. The UMFC worker also makes contact to care for and support us.

## **What advice would we give to someone thinking about being a Foster Carer?**

Go for it. Listen, learn and talk to experienced Foster Carers. Remember that fostering is an enriching experience but you need all members of your immediate family on board knowing it is not always sunshine. Be honest with others and yourself as to why you want to Foster Children. For us the rewards have outweighed the negative experiences ten fold.

**“Foster Carers come from all walks of life” What’s stopping you?**



# September

August						
S	M	T	W	T	F	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October						
S	M	T	W	T	F	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	Australian National Flag Day 3	4	White Balloon Day 5	6
Fathers Day 7	Foster & Kinship Care Week (8th-12th) 8	9	10	11	12	13
14	15	Step Family Day 16	17	18	NSW & VIC End of School Term 3 19	20
International Day of Peace 21	22	Vernal Equinox 23	24	25	26	27
28	29	30				

## *Foster Care celebrations and Training Events*



The staff in OOHC appreciate the sometimes difficult work our carers do. Our carers are wonderful people who open their homes and their hearts to the vulnerable children in our community. The following events are held throughout the year to say thank-you:

### **Pamper Day**

In August each year we hold a Pamper Day. During the day we treat our carers to massages, haircuts, art and craft activities, not forgetting the abundance of food and the opportunity to sit and chat with other carers.

### **Christmas Party**

At Christmas we get together for a Christmas Party at a local park. Jumping castles, face painting, sack races, a cricket match and with plenty of food, interaction and fun. Santa has also been known to make a surprise visit.

### **Our Bi-annual Foster Care camp**

A two day camp for carers and children. The children participate on the flying fox, a ropes course, ball games, a teenage pamper afternoon, face painting, craft and art activities, hoola hoop competitions and last year thanks to Border Trust a Masquerade Ball. While our children and the carers biological children are busy having fun, the carers are undertaking professional training. The last two camps we have been fortunate to have Richard Rose from the UK present a workshop about Life Story Work.

### **Professional Training**

Throughout the year many opportunities are provided for staff and carers to increase their skills, knowledge and understanding of child development. These range from basic carer accreditation training to professional workshops and seminars on various topics.

**“Foster Carers come from all walks of life” What’s stopping you?**

September						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

# October

November						
S	M	T	W	T	F	S
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Pink Ribbon Day 1	2	3	4
Daylight Saving Begins Senior's Week (5th - 12th) 5	NSW Labour Day Mental Health Week (6th - 10th) 6	VIC & NSW Start of School Term 4 7	8	9	World Mental Health Day 10	11
Anti Poverty Week (12th - 18th) 12	13	14	International Day of Rural Women 15	16	17	18
Children's Week (19th - 27th) 19	20	21	22	23	United Nations Day 24	25
26	27	28	29	30	31	

*"Foster Carers come from all walks of life" What's stopping you?*



**We always welcome any enquires on how to become a Foster Carer, Volunteer Driver or Mentor.**

Foster Carers are ordinary people doing extraordinary things. Anyone who can offer a child a secure and loving home is eligible to become a Foster Carer with UMFC. All you need is a commitment to children, a willingness to undertake training and assessment and the eagerness to give it a go.

The children cannot live with their families for all sorts of reasons and are aged from 0-18 years. Some stay in care for only a few nights and others a few weeks and some can live with loving carers for months or years.

Carers can specify the type of care and age range that would best fit with their lifestyle and commitments. Foster Carers are a crucial part of the care team that supports these children to stay safe and well cared for.

Financially, the government provides a fortnightly non-taxable allowance to assist with a child's living expenses.

**"Foster Carers come from all walks of life" What's stopping you?**

Phone **02 6055 8000** or visit our website [www.umfc.com.au](http://www.umfc.com.au) to find more information.

# November

## October

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## December

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

30

1

2

3

Melbourne Cup Day

4

5

6

7

8

9

10

Remembrance Day

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# But Wait There's More!! - (WVFC Programs)

**Support Options:** provides carer support groups, information about services available and opportunities for in home and community-based respite to carers of people who are aged, have dementia, or who have a disability.

**Interchange:** provides support to families and children with a disability by providing a range of social and recreational opportunities as well as planned regular respite opportunities. Support is provided by accredited volunteers under direction of experienced staff.

**Family Relationship Centre:** helping families build better relationships by: strengthening family relationships, helping families stay together & assisting families through separation.

**Post Separation Services** (incorporating the Children's Contact Service, Parenting Orders Program and Regional Family Dispute Resolution): supports and educates parents to make parenting arrangements work and minimises the repercussions experienced by children as a result of separation or divorce.

**Community Financial Services:** counselling to individuals and families in aspects relating to financial concerns and StepUP, a low interest loan scheme for individuals and families living on a low income.

**Hume Riverina Community Legal Service:** general legal advice, information and referral available to the community through legal clinics, telephone sessions, community legal education and law reform.

**Child and Family Services** (incorporating Child FIRST, Family Services, Inclusion Support, and Pre-School Field Officers): supports vulnerable children, young people and their families through a range of activities including information and advice, taking referrals and linking with suitable community services, providing family based intervention, and advice and support to early years services.





# December

November						
S	M	T	W	T	F	S
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

January 2015						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	International Day of People with a Disability 3	4	International Volunteer Day 5	6
7	8	9	Human Rights Day 10	11	12	13
14	15	16	17	18	NSW & VIC End of School Term 4 19	20
Summer Solstice 21	22	23	24	Christmas Day 25	Boxing Day 26	27
28	29	30	New Year's Eve 31			

# UMFC Treasurer's Report



Phil Oates,  
Treasurer.

## UMFC treasurer's report for the year ending 30/6/2013

UMFC's surplus for the year was \$459,175, with total revenue being just under \$10 million and total assets of \$10.5 million.

During the year loan repayments of \$280,000 were made, with borrowings at the end of the year being \$1,051,239. The Board is currently investigating ways of financing new premises at 27 Stanley St so most Wodonga staff can be on the one site.

Once again, thanks to Ray Woodhouse and the finance team for the excellent work they have done during the year in managing the finances, preparing the budget and all the other jobs entailed in keeping the agency financially healthy.

Phil Oates  
Treasurer

## Upper Murray Family Care Incorporated

# Statement of Comprehensive Income

For the Year Ended 30 June 2013

	2013 \$	2012 \$
<b>Revenue</b>	<b>9,967,045</b>	9,731,770
Employee related expenses	<b>6,469,812</b>	6,324,820
Direct program and client expenses	<b>1,517,621</b>	1,620,795
Office and administration expenses	<b>673,122</b>	600,833
Depreciation and amortisation expense	<b>347,440</b>	335,826
Occupancy expenses	<b>207,423</b>	176,125
Borrowing Costs	<b>91,880</b>	124,429
Other expenses	<b>200,572</b>	285,210
	<b>9,507,870</b>	9,468,038
<b>Profit before income tax</b>	<b>459,175</b>	263,732
Income tax	-	-
<b>Net Profit</b>	<b>459,175</b>	263,732
Comprehensive income	-	-
<b>Total comprehensive income for the year</b>	<b>459,175</b>	263,732

This is a summarised statement of comprehensive income which is fully consistent with externally audited financial statements that are available by calling 02 6055 8000.

## Upper Murray Family Care Incorporated

# Statement of Financial Position

For the Year Ended 30 June 2013

	2013 \$	2012 \$
<b>ASSETS</b>		
<b>Current assets</b>		
Cash and cash equivalents	<b>4,552,273</b>	4,281,521
Receivables	<b>84,757</b>	127,554
Other	<b>42,522</b>	15,739
Total current assets	<b>4,679,552</b>	4,424,814
<b>Non-current assets</b>		
Property, plant & equipment	<b>5,841,257</b>	5,976,949
Total non-current assets	<b>5,841,257</b>	5,976,949
Total assets	<b>10,520,809</b>	10,401,763
<b>LIABILITIES</b>		
<b>Current liabilities</b>		
Payables	<b>404,551</b>	422,273
Other	<b>1,191,080</b>	1,296,210
Employee provisions	<b>1,042,548</b>	975,423
Borrowings	<b>171,390</b>	155,562
Total current liabilities	<b>2,809,569</b>	2,849,468
<b>Non-current liabilities</b>		
Employee provisions	<b>176,178</b>	180,411
Borrowings	<b>879,849</b>	1,175,846
Total non-current liabilities	<b>1,056,027</b>	1,356,257
<b>Total liabilities</b>	<b>3,865,596</b>	4,205,725
<b>Net assets</b>	<b>6,655,213</b>	6,196,038
<b>EQUITY</b>		
Retained profits	<b>6,655,213</b>	6,196,038
<b>Total equity</b>	<b>6,655,213</b>	6,196,038

This is a summarised statement of financial position which is fully consistent with externally audited financial statements that are available by calling 02 6055 8000.

# Betty McLean Award

The Betty McLean Award gives recognition to the work of the many volunteers who assist UMFC in achieving its mission of strengthening families to support vibrant communities. Volunteers give their time, skills, and energy to our programs on a regular basis and without them we would not be able to function.



Chris Hollonds,  
Volunteer of the Year.

This year we are delighted to announce that the winner of the Betty McLean award is Chris Hollonds. Chris is a Foster Carer in our Out-Home-of Care Program. Chris has been a Foster Carer for 16 months, in that time he has provided care for twenty one children from toddlers to early teen years, including sibling groups.

Chris is a caring and generous person who is willing to open his heart and his home to children in need. Chris

is a natural care giver who is very adaptable, patient and attentive to the needs of others.

Chris is a dedicated and community minded individual. As well as Foster Care Chris is the CFA Communications Officer in a high risk fire area and the local Area Manager for the Good Friday Appeal. Chris is also the main carer for his grandparents and committed godfather to four children who play an integral part in his life.

Chris's ability to manage these commitments as well as provide Foster Care, often at short notice is commendable. He is reliable, flexible and always willing to attend any training to further his skills and knowledge.

Chris and all of our carers play an integral part of the Care Team for a child in care. Without the love and compassion our carers have, UMFC would not be able to provide homes for the vulnerable children in our community. These children need the whole community to support them to grow to be vibrant and successful member of our community.

We say thank you to Chris and all our carers.

## UMFC Life Member:

The Very Reverend David Thawley 1989  
 Frank Maestrianni 1989  
 Shirley Rutherford 1991  
 Lou Lieberman 1993  
 John Taylor 1994  
 Graham Andrew 1994  
 Berta Laubi 1995  
 Betty McLean 1999  
 Rhonda Stein 2000  
 Violet Coles 2001  
 Nancy Mason 2005  
 Alan Cracknell 2005  
 George Pender 2005  
 Gillian Mallinder 2008  
 Sue Blake 2010  
 Jeff Wittig 2011  
 Jill Knights 2011

## Previous Winners:

Margo & Kevin Fox 2000  
 Shirley Dobson & Brian Hayes 2001  
 Georgina and Niall Reidy 2002  
 David Milan 2003  
 Leigh Ferguson 2004  
 Roslyne & Neville Burgen 2005  
 Harry Johnson 2006  
 Pat Nimmo 2007  
 Eugene Butkowski 2008  
 Shani Robertson 2009  
 Dusan Jovetic 2010  
 Sharon & Jim Gambold 2011  
 Peter Bridle 2012

## THANK YOU TO OUR VOLUNTEERS, CARE PROVIDERS, DONORS & SUPPORTERS

Upper Murray Family Care extend a warm "thank you" and our heartfelt appreciation to all who have supported us in the community for over 30 years, in particular, our donors, volunteers, carers and local communities and look forward to strengthening this bond for many years ahead.

Volunteers are the life blood of our community and at Upper Murray Family Care we are continually astounded by the strength of support, time, skills and experience given by our volunteers to help care for our children and families.

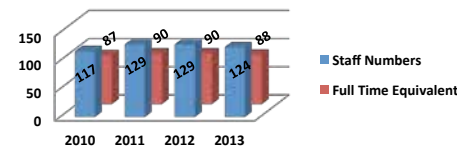
Numerous donors also sustain our agency with financial contributions assisting us to provide care and support to families and individuals in our region. Thank you to our donors for your generosity and support – even the smallest contribution can help change a life.

If you would like to make a difference and work as a volunteer or carer, please call us on 02 6055 8000 or 03 5720 0000 for further information.

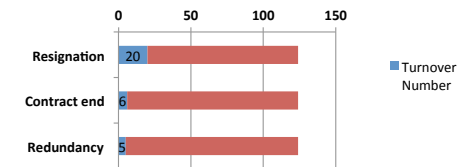
## UPPER MURRAY FAMILY CARE INCORPORATED

Employment Profile for 4 years ending 30 June 2013

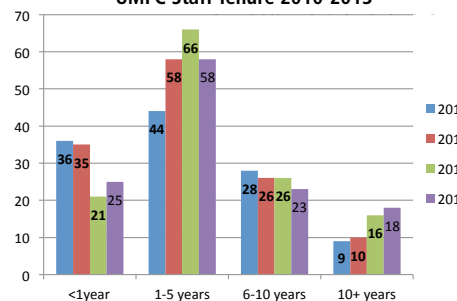
UMFC Employment 2010-2013



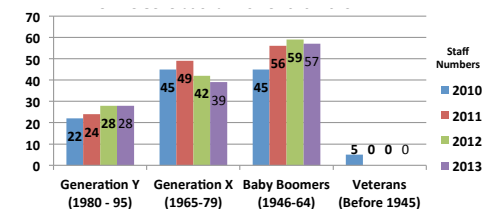
UMFC Staff Turnover 2012/13



UMFC Staff Tenure 2010-2013



UMFC Generational Profile 2010-2013



# Office Locations

## Head Office

29 Stanley Street  
PO Box 725  
Wodonga 3690  
Ph: 02 6055 8000  
Fax: 02 6022 8099

27 Stanley Street  
Wodonga 3690  
Ph: 02 6055 8000  
Fax: 02 6022 8099

22 Stanley Street  
Wodonga 3690  
Ph: 02 6055 8000  
Fax: 02 6057 5499

31 Stanley Street  
Wodonga 3690  
Ph: 02 6055 8000  
Fax: 02 6022 8099

76 Nordsvan Drive  
PO Box 725  
Wodonga 3690  
Ph: 02 6057 8400  
Fax: 02 6057 8499

36 Mackay Street  
PO Box 389  
Wangaratta 3676  
Ph: 03 5720 0000  
Fax: 03 5720 0099

## Hume Riverina Community Legal Service

Suite 5,  
91 Hume Street  
PO Box 31  
Wodonga 3690  
Ph: 1800 918 377  
Fax: 02 6056 8557

## Family Relationship Centre

PO Box 725  
282 Beechworth Road  
Wodonga 3690  
Ph: 02 6057 5399  
Fax: 02 6022 8633

## Post Separation Services

681 Young Street  
PO Box 72  
Albury 2640  
Ph: 02 6057 5399  
Fax: 02 6021 2633

If you would like to contact us for any further information please visit our website:  
[www.umfc.com.au](http://www.umfc.com.au) or email us on: [admin@umfc.com.au](mailto:admin@umfc.com.au)

